

How to Have the Help I Need
(Mark 9:14-29)

1. Admit that I need help. (Mark 9:23-24; John 15:5)
 - **Stubborn independence** prevents getting the help I need. (Philippians 3:3)
 - Everyday is...dependent day.
 - Help is just a prayer away.

2. Acknowledge that I have help. (Psalm 46:1; Psalm 115:9; Psalm 124:8; Hebrews 13:6; Philippians 4:13)
 - God is:
 - My refuge
 - My strength
 - My ever-present help in trouble
 - My help and shield

H.E.L.P. is Having Ever-Lasting Peace (John 14:7-17)

3. Ask for the help I need. (Hebrews 4:16)
 - Don't be too proud to ask for God's help.
 - And you will find His grace to help for every need.